Performance of juveniles of *Pseudoplatystoma fasciatum* fed graded levels of corn gluten meal

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Abstract – The objective of this work was to evaluate corn gluten meal (CGM) as a substitute for fish meal in diets for striped catfish (*Pseudoplatystoma fasciatum*) juveniles. Eight isonitrogenous (46% crude protein) and isoenergetic (3,450 kcal kg⁻¹ digestible energy) diets, with increasing levels of CGM – 0, 6, 12, 18, 24, 30, 36, and 42% –, were fed to juvenile striped catfish (113.56±5.10 g) for seven weeks. Maximum values for weight gain, specific growth rate, protein efficiency ratio and feed conversion ratio, evaluated by polynomial quadratic regression, were observed with 10.4, 11.4, 15.4 and 15% of CGM inclusion, respectively. Feed intake decreased significantly from 0.8% CGM. Mesenteric fat index and body gross energy decreased linearly with increasing levels of CGM; minimum body protein contents were observed with 34.1% CGM. Yellow pigmentation of fillets significantly increased until 26.5% CGM, and decreased from this point forth. Both plasma glucose and protein concentrations decreased with increased CGM levels. The inclusion of 10–15% CGM promotes optimum of striped catfish juveniles depending on the parameter evaluated. Yellow coloration in fillets produced by CGM diets can have marketing implications.

Index terms: alternative protein source, carnivorous fish, fish nutrition, neotropical species, plant protein sources, striped catfish.

Desempenho de juvenis de *Pseudoplatystoma fasciatum* alimentados com níveis crescentes de farelo de glúten de milho

Resumo – O objetivo deste trabalho foi avaliar o farelo de glúten de milho (FGM) como substituto à farinha de peixe, em dietas para juvenis de cachara (*Pseudoplatystoma fasciatum*). Oito dietas isonitrogenadas (46% de proteína bruta) e isoenergéticas (3.450 kcal kg⁻¹ de energia digestível), com níveis crescentes de FGM – 0, 6, 12, 18, 24, 30, 36 e 42% –, foram fornecidas a juvenis de cachara ($113,56\pm5,10$ g) durante sete semanas. Valores máximos de ganho de peso, taxa de crescimento específico, taxa de eficiência proteica e índice de conversão alimentar, avaliados por regressão polinomial quadrática, foram observados com inclusão de 10,4, 11,4, 15,4 e 15% de FGM, respectivamente. A ingestão de alimento diminuiu significativamente a partir de 0,8% de FGM. O índice de gordura visceral e a energia bruta corporal diminuíram linearmente com aumento nos níveis de FGM; o teor mínimo de proteína bruta corporal foi observado com 34,1% de FGM. A pigmentação amarelada dos filés aumentou significativamente até 26,5% de FGM, e diminuiu a partir daí. Tanto a glicose quanto a proteína plasmática diminuíram com o aumento em FGM. A inclusão de 10-15% FGM proporciona ótimo desempenho produtivo de juvenis de cachara, dependendo do parâmetro avaliado. A coloração amarelada nos filés, produzida pela inclusão de FGM nas dietas, pode ter implicações comerciais.

Termos para indexação: fontes proteicas alternativas, peixes carnívoros, nutrição de peixes, espécie neotropical, fontes proteicas vegetais, cachara.

Introduction

The striped catfish *Pseudoplatystoma fasciatum* (Linnaeus 1766), a carnivorous, neotropical siluriform

fish, is one of the most appreciated Brazilian freshwater fish, both as food and sport fish. Despite the information scarcity on its nutritional requirements, the use of the species in intensive farming systems grows steadily. Commercial feeds, diet formulations, and feeding practices for the species are based mainly on information for exotic fish (Campos, 2005).

Fish meal (FM), in spite of being the main dietary protein source for aquafeeds, especially for carnivorous fish, it is the most expensive diet component. Therefore, the search for alternative, surrogate protein sources for aquafeed production is a common trend in fish nutrition research.

Corn gluten meal (CGM) is a major corn wet milling by-product, bearing high-protein contents (minimum 60%), high digestibility (>90%) and high contents of methionine, leucine and glutamic acid (National Research Council, 2011), but it is deficient in lysine, arginine, and tryptophan (Mente et al., 2003). It also has strong undesirable odors and flavors because of its high content of unsaturated fatty acids and the bisulfite used during steeping (Park et al., 1997; Cha et al., 2000). Moreover, corn gluten meal is a rich source of carotenoids, mostly xanthophylls. Usually, commercial CGM contains from 224 to 550 mg kg⁻¹ of xanthophyll on a dry matter basis (Park et al., 1997; Cha et al., 2000). Fish fed diets with high levels of CGM can show yellow-pinkish pigment deposits in the flesh (Robaina et al., 1997). In salmonids, the typical red-to-pink muscle color is an important trait. However, the vellow pigmentation of fillets of white-fleshed fishes reduces their market value (Lovell, 1984), a serious limitation to the use of CGM in neotropical fish diets.

Because CGM has a low-fiber content and no anti-nutritional factors, it could be considered as a good fish meal alternative ingredient, and its use as dietary protein source has been investigated for some freshwater and marine, cold water or subtropical fishes (Robaina et al., 1997; Regost et al., 1999; Mente et al., 2003; Pereira & Oliva-Teles, 2003; Gómez-Requeni et al., 2004; Zhong et al., 2011). However, data on the use of corn gluten meal as a dietary protein source for neotropical species is scarce.

The objective of this work was to evaluate corn gluten meal (CGM) as a substitute for fish meal in diets for striped catfish juveniles.

Materials and Methods

Groups of eight juvenile striped catfish (113.56±5.10 g) were randomly stocked into 32 cages (180 L) installed in two 12-m³ concrete

tanks, in greenhouse conditions, with closed loop circulation system, continuous aeration (dissolved oxygen 4.62 ± 0.58 mg L⁻¹), and temperature control ($28.02\pm1.31^{\circ}$ C). It was used a completely randomized block design, with four repetitions.

Fish were fed to apparent satiation twice a day (at 8 h and 16 h), for seven weeks, with eight isonitrogenous (46% crude protein) and isoenergetic (3,450 kcal kg⁻¹ digestible energy) diets (Table 1), containing increasing levels of CGM - 0, 6, 12, 18, 24, 30, 36 and 42% – replacing the protein from fish meal in 0.0, 12.5, 25.0, 37.5, 50.0, 62.5, 75.0, and 87.5%, respectively. Digestible energy concentrations of feed ingredients were calculated from data by Gonçalves & Carneiro (2003) for speckled catfish Pseudoplatystoma corruscans, and by Portz & Cyrino (2004) for largemouth bass Micropterus salmoides. Corn was not used for formulation of diets to guarantee CGM to be the only source of carotenoids (0.239 mg g^{-1} of xanthophyll). For diet processing, feedstuffs were ground, homogenized (1 mm sieve), mixed, moistened and granulated in an industrial mincer. Pellets were dried in a forced-air oven (at 45°C for 18 hours), crumbled, sized (4 mm), hermetically packed and stored under refrigeration until use.

Growth and feed utilization performances were determined based on the following parameters: final body weight (g); weight gain (%) = [(weight gain/ initial body weight)×100]; specific growth rate (% per day) = { $[(\ln \text{ mean final weight - } \ln \text{ mean initial })]$ weight)/total experimental feeding in days]×100}; feed conversion ratio = total feed fed/total weight gain; daily feed intake = total feed fed/total experimental feeding days; protein efficiency ratio = weight gain of fish/total protein allowed; condition factor ={[live weight/(total length)³]×100}; pigment intake = feed intake×pigment concentration in CGM (0.239 mg g⁻¹ of xanthophyll); hepatosomatic index = [(liver weight/ body weight) $\times 100$]; viscerosomatic index = [(visceral weight/body weight)×100]; and mesenteric fat index = [(mesenteric fat weight/body weight)×100].

A pooled sample of 10 fish from the original population was euthanized by anesthetic overdoses (500 mg L^{-1} benzocaine) for the determination of whole-body composition. At the end of the growth trial, two fish per cage were randomly sampled and euthanized as previously described. Specimens for

body analysis were ground and frozen to estimate water content, gross energy and crude protein.

Duplicate colorimetric measurements were made in three different points of skinless fillets stored on ice (3–4°C) (n = 6). Data were expressed using the L* a* b system, representing lightness, redness and yellowness, according to Commission Internationale de L'Éclairage (1976).

Blood samples were randomly drawn from the caudal vein of six fish per treatment, using 3 mL plastic syringes rinsed with EDTA 10% in 0.6% saline solution. Fish fasted for 16 hours and were anesthetized prior to sampling. Plasma was collected after centrifugation at 5,000 rpm for 5 min, and frozen stored (-20°C) until biochemical analysis. Samples were thawed immediately prior to analyses which were made within seven days after collection. Total plasma protein concentration (g dL⁻¹) was determined with a clinical refractometer, and plasma glucose (mg dL-1) was determined with an oxidase/peroxidase reaction colorimetric test (Laborlab, Guarulhos, SP, Brazil). Chemical analyses of the diets and of fish body samples were carried out according to Horwitz (2000). Gross energy was determined using an adiabatic calorimetric bomb with benzoic acid as the standard.

Significant effects of dietary CGM levels were determined by one-way ANOVA, at 5% probability. A polynomial regression analysis was used to study performance, nutrient retention, body composition, fillet quality, morphological and biochemical parameters. Pearson correlation coefficients were calculated to measure the strength of linear association between different variables. Data were analyzed with SAS program version 9.1.3 (SAS Institute, 2003).

Results and Discussion

Optimum weight gain was registered for fish fed 10.4% CGM diet, and decreased steadily with increasing dietary CGM (Figure 1). The optimum inclusion of CGM that resulted maximum specific growth rate was 11.4% CGM. Conversely, specific growth rate of fish fed 42% CGM was 70% lower than that of fish fed control diet. Protein efficiency ratio peaked at 15.4% dietary CGM. Feed conversion ratio decreased when dietary CGM was higher than 15%, although the smallest value (1.9) can still be considered within an adequate range for farmed carnivorous fish.

These results are lower than those reported for other species. Replacing up to one third of dietary FM by CGM's protein did not affect the performance of turbot *Psetta maxima* fingerlings (Regost et al., 1999);

Table 1. Ingredients and proximate composition of experimental diets with increasing levels of corn gluten meal for juvenile striped catfish (*Pseudoplatystoma fasciatum*).

Ingredient (%)	Corn gluten meal inclusion level (%)								
	0	6	12	18	24	30	36	42	
Corn gluten meal	0.00	6.00	12.00	18.00	24.00	30.00	36.00	42.00	
Fish meal	48.21	42.00	36.00	30.00	24.00	18.00	12.00	6.00	
Soybean meal	24.98	22.93	20.63	18.32	16.00	13.63	11.26	8.88	
Poultry by-products meal	10.00	10.00	10.00	10.00	10.00	10.00	10.00	10.00	
Wheat flour	1.81	5.67	9.58	13.50	17.47	21.63	25.78	29.93	
Fish oil	7.00	7.00	7.00	7.00	6.53	4.75	2.97	1.19	
Soybean oil	6.00	4.40	2.79	1.18	0.00	0.00	0.00	0.00	
Mineral and vitamin premix ⁽¹⁾	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	
Proximate analyses (wet weight)									
Crude protein (%)	46.09	45.78	45.29	45.84	45.43	46.51	46.56	45.82	
Dry matter (%)	97.77	95.07	86.87	97.42	97.22	96.75	96.91	96.82	
Crude ash (%)	16.13	15.22	12.70	11.76	11.01	7.96	7.02	6.14	
Gross energy (kcal kg ⁻¹)	5,134	5,121	5,056	5,052	5,033	4,931	4,900	4,822	
Digestible energy (kcal kg ⁻¹) ⁽²⁾	3,450	3,450	3,450	3,450	3,450	3,450	3,450	3,450	
Lysine (%) ⁽³⁾	2.68	2.48	2.28	2.09	1.89	1.69	1.49	1.30	

⁽¹⁾Mineral and vitamin mix (ingredient per kg). Vitamins: A, 1,200 UI; D3, 200.000 UI; E, 12,000 mg; K3, 2,400 mg; B1, 4,800 mg; B2, 4,800 mg; B6, 4,000 mg; B12, 4,800 mg; folic acid, 1,200 mg; calcium pantothenate, 12,000 mg; C, 48,000 mg; biotin, 48 mg; choline, 65,000 mg; niacin, 24,000 mg. Minerals: Fe, 10,000 mg; Cu, 600 mg; Mn, 4,000 mg; Zn, 6,000 mg; I, 20 mg; Co, 2 mg; Se, 20 mg. ⁽²⁾Gonçalves & Carneiro (2003); Portz & Cyrino (2004). ⁽³⁾Calculated from Rostagno et al. (2005).

the same was observed for Atlantic salmon *Salmo* salar fed diets, with CGM replacing 25% of FM protein (Mente et al., 2003), and for gilthead sea bream *Sparus aurata* fed diets with CGM replacing 60% of FM protein (Pereira & Oliva-Teles, 2003) or 30% of the total dietary protein (Robaina et al., 1997).

However, Ballestrazzi et al. (1994) reported a reduced performance of sea bass *Dicentrarchus labrax* fed diets containing more than 20% CGM. The difference in upper limit of CGM proportion among different studies might be related to the different fish species and different developmental stages used in these studies.



Figure 1. Growth and feed utilization of juvenile striped catfish (*Pseudoplatystoma fasciatum*) fed diets with increasing levels of corn gluten meal.

Decrease (p<0.05) in the growth rate and feed efficiency can be attributed to decreased dietary lysine, CGM's most limiting amino acid, whose dietary deficiency severely affects fish growth (Wilson, 2003). Although dietary lysine requirements of striped catfish are still to be defined, it can be inferred from the results of the current study that it is close to 2.28% (5% of dietary protein). Similar requirement values were reported for other carnivorous species (Wilson, 2003).

Plant protein ingredients may show anti-nutritional factors (e.g., protease inhibitors), which negatively affect fish performance. Based on in vitro assays, Moyano López et al. (1999) concluded that inhibition of protease activity in S. aurata was positively correlated with dietary CGM levels, even though CGM protein is considered of high biological value (Robaina et al., 1997; Pereira & Oliva-Teles, 2003; National Research Council, 2011). Zhong et al. (2011) found that trypsin activity is regulated by the amount of CGM used as a partial replacement for conventional fish meal, and observed that the trypsin activity decreased significantly at a concentration of 20% CGM in the diets for Fugu obscurus. The authors hypothesize that the amino acid composition of the diet changes the substrate specificity of trypsin, even though protein content is unchanged. For example, when the alternative sites in a substrate are hydrolyzed by the enzyme, the feedback mechanism may signal the synthesis of the endogenous enzyme ultimately leading to decreased synthesis of trypsinogen and trypsin activity. That could explain, in part, why striped catfish fed diets with the highest levels of dietary CGM showed the worst performance and feed efficiency indexes.

The reduction herein registered in the growth parameters cannot be explained as a result of varying dietary CGM levels alone. Increasing plant protein sources and reducing fish meal increase dietary carbohydrate levels. According to Hemre et al. (2002), carbohydrate levels in fish diets are sort out as tolerable or optimal, a tolerable level being one that does not impair growth or result in increased mortality, whereas optimum levels are defined as those resulting in full oxidation of glucose to produce energy, therefore sparing protein. Carnivorous fish utilize dietary carbohydrate poorly, and usually levels up to 10% decrease their growth performance (Wilson, 1994). However, Takahashi & Cyrino (2006) did not report reduction on performance of speckled catfish *P. corruscans* fed granulated diets until 29% of nonstructural carbohydrates.

The feed intake of fish fed 42% CGM (1.63 g per day) was 51% lower than that of fish fed control diet (3.32 g per day). Reduction (p<0.05) on feed intake was observed from 0.8% CGM (Figure 1), although, at this level, it was not observed a significant decrease on weight gain and feed conversion ratio. The proportional reduction in feed intake in response to increasing dietary CGM was expected to some extent, and it had been already reported in other studies (Pereira & Oliva-Teles, 2003; Gómez-Requeni et al., 2004). CGM is considered a somewhat unpalatable feedstuff as a result of its processing (Park et al., 1997; Cha et al., 2000). Adequate amino acid profiles positively affect food consumption of fish, since some amino acids can work as attractants (Wilson, 2003). So, low-feed intake and overall lower performance of fish fed diets with the highest levels of CGM can be credited to CGM's inadequate amino acid profile.

The body composition of fish was affected by diet composition (Table 2). Increasing dietary CGM resulted in decreased gross energy (y = 5.6175 - 0.0107x, $R^2 = 0.41$) and mesenteric fat index (y = 1.42 - 0.0135x, $R^2 = 0.58$) and, as a consequence, significant increase in body moisture (y = 68.257 + 0.1723x, $R^2 = 0.62$). addition. condition factor also decrease In $(y = 1.13375 - 0.00599x, R^2 = 0.50)$ with increasing CGM level. An inverse relationship between body moisture and body lipid was reported for other Brazilian fish (Bicudo et al., 2010). Minimum body protein contents were observed in fed 34.1% fish diets containing CGM $(y = 18.968 - 0.1569x + 0.0023x^2, R^2 = 0.67)$, and from this point, body-protein content was virtually stable. The hepatosomatic index varied from 1.37 to 2.56%, with maximum value recorded for 29.7% CGM inclusion ($y = 2.432 - 0.128x + 0.0088x^2 + 0.0001x^3$, $R^2 = 0.57$). The hepatosomatic index of fish fed the control diet was 72% higher than that of fish fed diet containing 42% CGM. Dietary CGM levels did not affect (p>0.05) viscerosomatic index, lightness and pH of fillets.

Reports on effects of dietary plant protein on body composition of carnivorous fish are controversial. Growth encompasses neoplasia, hyperplasia, and the storage and mobilisation of energy reserves; all of these bodily phenomena may involve changes in body composition, including large net losses (Jobling, 2002). In the present study, total body protein of striped catfish was influenced by dietary formulation. Probably, decrease in body protein is associated with decreasing dietary lysine, since the influence of this amino acid in protein synthesis is well established (Wilson, 2003; Bicudo et al., 2009). However, Regost et al. (1999) and Pereira & Oliva-Teles (2003) did not report any effect of CGM on whole body-protein contents of turbot and gilthead sea bream, respectively.

Yellow coloration (yellowness - b) of fillets increased with increasing dietary CGM content until 26.5% inclusion level, and decreased from this point forth. Although xanthophylls concentration increased linearly with increasing dietary CGM, the yellow coloration of juvenile striped catfish muscle showed a quadratic effect of distribution $(y = 11.009 + 0.3644x - 0.0069x^2, R^2 = 0.91)$. It may have happened because of the decreased feed intake with increasing CGM inclusion levels. This hypothesis would appear to be corroborated by daily pigment intake, that decreased from 0.8% CGM (Figure 1), showing a similar trend of feed intake. In gilthead sea bream, Robaina et al. (1997) observed a linear relationship between yellow coloration of muscle and dietary CGM. A concentration of 0.6 g carotenoid per gram of flesh produces a distinguishable yellow coloration of the fillet; a discernible concentration of carotenoid can be deposited in the fillets of channel catfish Ictalurus *punctatus* fed diets containing 11 mg kg⁻¹ xanthophyll

(National Research Council, 2011). As a matter of fact, this concentration (11 mg kg⁻¹) is easily achieved with 5–10% of CGM in fish diets (Li et al., 2007). Therefore, inclusion levels ranging from 10.4–15.4% CGM, which provided best growth performance in the present study, probably will negatively affect the coloration of fillets of striped catfish. Further studies are needed to develop strategies to reduce the yellow pigmentation in the fillet of striped catfish fed high levels of corn gluten meal.

Total plasma protein and plasma glucose were reduced (p<0.05) with increasing replacement of FM by CGM (Figure 2), both showing a quadratic distribution effect. A linear negative correlation was identified between plasma glucose (r = -0.797; p<0.0001) and total protein (r = -0.880; p<0.0001) responses to dietary CGM levels. Fish fed diets with the highest CGM level (42%) had a 47.3% reduction of plasma glucose (from 123.90 to 65.29 mg dL⁻¹) and 65.2% of plasma protein (from 16.65 to 5.80 g dL⁻¹) in comparison to fish fed control diet.

The increasing of protein to carbohydrate ratio in diets of speckled catfish reduced the glycemia (Lundsted et al., 2004). Reduction in plasma glucose levels were registered by Gómez-Requeni et al. (2004) in gilthead sea bream, when 75% of dietary fish meal was replaced by plant protein. However, Sitjà-Bobadilla et al. (2005) did not report significant changes in plasma glucose, when dietary fish meal was replaced by up to 100% plant protein sources for the same species.

Parameter		Corn gluten meal inclusion level (%)										
	0	6	12	18	24	30	36	42				
		Final body composition										
Moisture (%)	66.3±2.6	68.4±0.5	71.3±1.1	71.8±1.0	71.9±0.1	73.0±0.5	75.0±2.1	73.7±2.5				
Protein (%)	18.8±0.9	18.8±1.0	17.4±0.1	17.0±0.2	16.2±0.6	16.6±0.5	16.2±0.7	16.5±0.5				
Gross energy (kcal kg ⁻¹)	5.59 ± 0.08	5.53 ± 0.04	5.56 ± 0.03	5.35 ± 0.02	5.68 ± 0.03	4.93 ± 0.04	5.28 ± 0.03	5.22 ± 0.02				
		Morphological parameters										
Hepatosomatic index (%)	2.36 ± 0.42	1.98 ± 0.27	2.21±0.25	1.92 ± 0.29	2.05 ± 1.04	2.56 ± 0.82	2.56 ± 0.48	1.37±0.93				
Mesenteric fat index (%)	1.57±0.4	1.22±0.2	1.24 ± 0.4	1.02 ± 0.2	1.09 ± 0.4	1.13±0.7	1.21±0.7	0.64 ± 0.6				
Viscerosomatic index (%)	5.03±0.6	4.49±1.0	4.70±0.9	4.93±0.6	4.43±0.7	4.84±1.5	4.99±0.7	4.70±0.6				
Condition factor	1.15±0.1	$1.08{\pm}0.1$	1.10 ± 0.1	0.97 ± 0.1	$1.00{\pm}0.1$	0.91±0.2	0.91±0.1	0.89±0.1				
		Fillet quality										
pH	6.1±0.2	6.3±0.2	6.1±0.2	6.1±0.1	6.2±0.2	6.1±0.1	6.0±0.1	6.1±0.2				
L (lightness)	57.8±2.1	57.8±2.5	54.6±1.5	54.3±2.2	56.3±2.3	57.6±2.4	55.8±1.1	56.2±3.4				
b (yellowness)	11.4±1.5	12.7±1.3	14.4±1.1	14.6±1.2	15.8±1.9	16.7±1.8	15.6±1.7	13.6±2.3				

Table 2. Body composition, fillet quality and morphological parameters of juvenile striped catfish (*Pseudoplatystoma fasciatum*) fed diets with increasing levels of corn gluten meal⁽¹⁾.

⁽¹⁾Means \pm standard deviation (n = 4).

The onset of the physiological condition of starvation is rapidly characterized by an almost immediate and substantial decrease in concentrations of soluble protein and glucose in the plasma (Viana et al., 2007). Considering that the digestion of carbohydrates is usually disregarded in carnivorous fish, significant linear reduction in plasma glucose were registered in species fed diets containing excess of 10% of starch (Hemre et al., 2002). However, the slower reduction of plasma glucose in the highest replacement levels indicates that the striped catfish maintain their glucose homeostasis through gluconeogenic metabolism. Sitjà-Bobadilla et al. (2005) registered a 20% reduction in plasma protein of juvenile gilthead sea bream, when 100% of dietary FM was replaced by plant protein.



Figure 2. Relationship between levels of corn gluten meal (CGM) inclusion in the diet and total plasma protein and plasma glucose of juveniles striped catfish (*Pseudoplatystoma fasciatum*).

Conclusion

Corn gluten meal can partially replace fish meal in diets of juvenile striped catfish diets without affecting growth performance; however, it causes yellow pigmentation of fillets that is an undesirable characteristic for its commercialization.

Acknowledgements

To Fundação de Amparo à Pesquisa do Estado de São Paulo, and to Conselho Nacional de Desenvolvimento Científico e Tecnológico, for scholarships.

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Received on February 23, 2011 and accepted on May 15, 2012